

The Phronesis Form

one instrument for measuring any displacement · the Displacement framework · companion to *Phronesis Final*

1. **System / phenomenon.** *What are we measuring?*

2. **Ground state S^0 .** *The minimum-cost configuration — “home.” For living systems, recall $D(0) = \theta > 0$: the rest state is not free.*

3. **Displacement $\xi = \rho(s, S^0)$.** *Distance from ground. Mark the live dimensions:*

body psyche social metabolic temporal existential environmental

Dominant ξ : _____ Proxy / instrument (*HRV, cortisol, grammar score...*):

4. **Cost & accumulation.** *Instantaneous $D(\xi)$ now, and accumulated $\Phi = \int D dt$ (the ledger so far — the allostatic load).*

$D(\xi)$ now: _____ Φ (accumulated): _____

5. **Net displacement $\delta = \xi(T) - \xi(0)$.** *What actually moved, start to end.*

6. **The glitch $G = \Phi - k|\delta|$.** *Cost in excess of what net displacement can account for — the extraction.*

Estimated G : _____

Stripping test — who did what to whom? Name the deleted agent (the missing subject is the debt):

7. **Attractor & return.**

Stable state is: true S^0 wrong attractor (*stable, but $\neq S^0$*)

Return path: intact broken (*DC5: $\Phi_{return} > \Phi_{departure}$*)

8. **Malicious pairs.** *What is this coupled to — where does relieving it export cost? For each partner B , fit the triple.*

B: _____ versus-point: _____ slope m : _____ bias b : _____

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9. **DC7 verdict.** *Does the ledger price the work or the wound?*

□ prices work Φ — **fair**

□ prices severity ξ — **extractive**

10. Return prescription. *The path home: what pays Φ_{return} ; for each malicious pair, flatten slope $\rightarrow 0$ and zero the bias $\rightarrow 0$.*

Find the ground state. Read the displacement. Name the missing subject. Keep the ledger honest.